



Track & Field / Cross Country



FCS Records

<u>Event</u>	<u>Athlete</u>	<u>Time</u>	<u>Date</u>
Boys 100m Dash	Solomon Brown	11.14	Mar 15, 2018
Boys 200m Dash	Solomon Brown	22.34	Apr 18, 2018
Boys 400m Dash	Jacob Iannace	54.88	Apr 27, 2022
Boys 800m Run	Michael King	2:24.54	Mar 27, 2024
Boys 1600m Run	Wesley Greene	5:11.17	Mar 27, 2024
Boys 3200m Run	Michael King	12:04.21	Mar 18, 2023
Boys 5000m Run	Wesley Greene	19:42.00	Oct 7, 2023
Boys 110m Hurdles	Will Watts	17.28	Mar 8, 2023
Boys 400m Hurdles	Ian McClary	1:05.40	Mar 29, 2023
Boys 4X100m Relay	Relay Team	47.09	May 6, 2017
Boys 4X400m Relay	Relay Team	4:07.00	Mar 14, 2019
Boys 4X800m Relay	Relay Team	11:18.00	Mar 3, 2017
Boys Triple Jump	Hunter Cook	33-11.5	Apr 14, 2016
Boys Long Jump	Solomon Brown	19-8	May 5, 2018
Boys Shot Put	Christian Hewett	39-09.0	Apr 5, 2023
Boys Discus	Christian Hewett	102-06	Apr 19, 2023
Girls 100m Dash	Canvas Good	13.09	May 7, 2022
Girls 200m Dash	Canvas Good	27.27	Mar 27, 2024
Girls 400m Dash	Emma Swain	1:09.70	Mar 18, 2023
Girls 800m Run	Peyton Pedersen	2:53.00	Mar 20, 2019
Girls 1600m Run	Destiny Gurley	6:44.90	Mar 14, 2019

